



ABC Hospice
INC.

A caring touch, a hand of compassion

www.abchospice.com

256.638.3491

866.847.8660

ADULT FAILURE TO THRIVE SYNDROME

Manifestations of adult failure to thrive include weight loss, decreased appetite, poor nutrition, and inactivity. Four syndromes are prevalent and predictive of adverse outcomes in patients with failure to thrive: impaired physical function, malnutrition, depression, and cognitive impairment.

Being diagnosed with a terminal illness is devastating. ABC Hospice will take this journey with you.

The following criteria can be helpful in determining the eligibility of a patient to qualify for services offered through hospice. ABC Hospice is available to answer any questions you may have.

The patient must meet all of the following:

1. Palliative Performance Scale equal to or less than 40% (mainly in bed and requires mainly assistance with ADLs)

- and -

2. Body Mass Index below 22kg/m²

Body Mass Index = 703 x (patient's weight in pounds) ÷ (height in inches)²

- and -

3. The patient is refusing enteral or parenteral nutritional support or has not responded to such nutritional support, despite adequate caloric intake

A Karnofsky or Palliative Performance Scale value less than or equal to 40%

%	KARNOFSKY PERFORMANCE SCALE	PALLIATIVE PERFORMANCE SCALE
40%	Unable to care for self; Disease may be rapidly progressing; Requires special care and assistance.	Mainly in bed; Unable to do any work; Extensive disease; Self-care mainly assisted; Normal or reduced intake; Conscious level - full, drowsy or confusion
30%	Severely disabled; Hospital admission is indicated although death not imminent.	Totally bed bound; Unable to do any work; Extensive disease; Total care; Reduced intake; Conscious level - full or drowsy or confusion
20%	Very sick; Hospital admission necessary; Active supportive treatment necessary.	Totally bed bound; Unable to do any work; Extensive disease; Total care; Minimal sips intake; Conscious level - full or drowsy or confusion
10%	Fatal processes progressing rapidly.	Totally bed bound; Unable to do any work; Extensive disease; Total care; Mouth care only; Conscious level - drowsy or coma